The Spirit of Care: Enhancing the Quality of Care: Adding A Chaplain to PACE and the IDT
Learning Objectives

• Learn a basic framework of spiritual care as it applies to PACE at CEI;

• Identify benefits and challenges of integrating spiritual care into PACE at CEI \textit{and YOUR program};

• Identify practical recommendations for implementing spiritual care.
INSPIRATIONAL QUOTE:

“God gave us two ears and one mouth so we would listen twice as much as we talk.”
INTER-ACTIVITY

PRACTICE MAKES…

HUMAN!
Spiritual Care at CEI

VISION:
Integrated, whole person approach to care, including spiritual well being for participants, families and caregivers.

MEDIUM TERM GOAL:
Develop life care planning program/processes (ADHC, POLST);
Enhance support for participants and families with end of life issues and bereavement.

FUNDING:
Grant and Operations
LONG TERM GOALS

• Make spiritual care available for all CEI participants across continuum of care.

• End of life care provided by CEI at home.
Spiritual Care and PACE

- CEI (Oakland CA)
- Community LIFE (VA, PA)
- Genesys PACE (Flint MI)
- Hopkins ElderPlus (Baltimore MD)
- Immanuel PACE (Omaha NB)
- Mercy LIFE (PA, AL)
- On Lok (San Francisco CA)
- PACE Nebraska
- PACE Southwest MI
- Palmetto SeniorCare (Columbia SC)
- Providence ElderPlace (WA, OR)
- Riverside PACE (VA)
- St Francis LIFE (DE)
- Sutter (Sacramento CA)

OTHERS?
Chaplaincy: The National Scene

Locations:
Health Care:
  Hospitals
  Hospices

Public Institutions:
  Prisons
  Military

Educational Institutions:
  Universities

Other Settings:
  Domestic Violence
  Street ministry

Professional Associations:
  Association for Clinical Pastoral Education
  Association of Professional Chaplains
Why Provide Spiritual Care?

• A richer and more complete experience for participants.

“I am very happy with the spiritual care program. It is very uplifting.”

(B.H., a longtime CEI participant)
Why Provide Spiritual Care?

• Added and often welcome support for families and caregivers.

“Thank you for journeying with J during his last two weeks of life on earth. You were a great source of consolation and strength for him during that time of making his final decisions.”

(CEI participant’s family members)
Why Provide Spiritual Care?

• Meets the PACE promise of “All-Inclusive Care.”

“(The Chaplain) is not looking at physical sickness versus health, or function versus dysfunction, but something entirely different: Autonomy, purpose, meaning.”

(Susan M., CEI Physical Therapist)
The PACE-Time Continuum

End of Life

Bereavement Support

Day-to-Day

Forming Relationships

In the beginning...
WHAT DOES A CHAPLAIN DO?
WHAT DOES AN INTERFAITH CHAPLAIN DO?
What Is (and Isn’t) Spiritual Care?

IS…

Spiritual, Emotional and Social Support
Individual and/or group
Useful Across Continuum of Care
Empathic and/or Active
Exploration of Existential Issues
Prayerful, Meditative…or Neither
Bereavement Support

IS NOT…

Psychotherapy
“Spiritual care adds such a valuable dimension to our social services because it encompasses areas that participants may not feel comfortable exploring in depth with other staff members.”

(Anne S., CEI Social Worker)
WHEN?

END OF LIFE
NEWLY ENROLLED
NEW DIAGNOSIS
CHANGE IN HEALTH STATUS
CHANGE IN CIRCUMSTANCES
LIFE CARE PLANNING
BEREAVEMENT
GENERAL SUPPORT
WHERE?

CLINIC
DAY CENTER
HOME
HOSPITAL
SNF
OTHER
WHO?

PARTICIPANTS

FAMILIES

STAFF
HOW? (Modality)

Individual & Group
HOW?
(Referral Sources)
Case Study #1

Entering PACE
Case Study #2

End of Life Decision-Making
Bereavement Support

Families/Caregivers

Participants

Staff
Bereavement Support

“Having spiritual care services has provided much comfort to our participants who are at end of life or are dealing with bereavement issues… It gives participants greater access to their spiritual resources for coping with stress and loss.”

(Anne S., CEI Social Worker)
Day-to-Day

- General emotional and spiritual support
- Morale boost – day center
- When we can’t do much else
“(The chaplain) knows how to uplift the spirits of the participants as well as the staff, and to approach them in a diplomatic and loving way, being respectful of the individual’s feelings, morals and cultural values.”

(Mary Ann P, CEI Activities Director)
Outcomes and Benefits

Approx. 275 individual visits with or on behalf of 82 individual participants.

3 Celebration of Life rituals at Day Centers.

Provide support at family memorials.

Serving 2 of 4 centers, plus occasional support for 2 others.

Participation in Life Care Planning work group.

Community Outreach.

Grief and Gratitude groups – to begin November, 2016 (Eng, Span).

Bible Study – support for participant-led group.
Challenges

Complex environment of PACE.

Providing consistent bereavement support for families/caregivers.

Providing quality spiritual care for people of multiple traditions speaking multiple languages, especially in context of day center.

Varied professional ethos and approaches among disciplines.

PATIENCE!
PERSISTENCE!
“(Spiritual Care) is invaluable for so many of our participants who find strength in prayer. But it also helps the sense of well-being for all of our participants, whether it be dealing with end of life care or just coping with chronic illness. I certainly appreciate the chaplain’s input on our team.”

(Ana B., CEI HCRN)
INCORPORATING SPIRITUAL CARE INTO YOUR PACE PROGRAM
Acknowledgments

PACE Chaplains and Spiritual Care Program Directors

CEI Colleagues

CEI Participants
“Just to be is a blessing. Just to live is holy.”

(Rabbi Abraham Joshua Heschel)
Contact Information

Rabbi Shifrah Tobacman, M.A., M.P.A.
Center for Elders’ Independence
510 17TH St., Oakland CA, 94612
Email: stobacman@cei.elders.org
Phone: 510-882-8222