PACE by the NUMBERS
Programs of All-Inclusive Care for the Elderly

PACE IS GROWING

PACE ENROLLMENT ELIGIBILITY
- Age 55 or over
- Live in the PACE service area
- Certified to need nursing home care
- Able to live safely in the community with PACE support at time of enrollment

PACE ENROLLMENT 49,000

126 Sponsoring Organizations
260 PACE Centers as of March 2019

PACE SERVES OUR SENIORS
95% Live in the community

76 Average age

70% WOMEN
30% MEN

NEED HELP WITH ACTIVITIES OF DAILY LIVING

Caring for pets
Folding laundry
Eating
Showering
Medical appointments

1-2: 26%
3-4: 25%
5-6: 35%

Average number of hours with PACE participants per week

PACE IS AN INNOVATIVE MODEL OF CARE

PACE integrates and coordinates care for participants across all settings, including drugs, transportation, and meals

PACE INTERDISCIPLINARY TEAM

Registered nurse
Recreation therapist
Dietitian
Occupational therapist
Primary care provider
Mental health counselor

PACE serves 18,506 meals a day

TOP 5 CHRONIC CONDITIONS OF PACE PARTICIPANTS

- Vascular Disease
- Diabetes with Chronic Complications
- Major Depressive, Bipolar, and Paranoid Disorders
- Polyneuropathy
- Congestive Heart Failure

5.8 Chronic Conditions
46% Dementia

IN AN AVERAGE MONTH

9 Prescriptions
8 Visits to PACE Center
10 Personal Care Contacts
4 Therapy (PT/OT) Encounters

PACE PARTICIPANTS

90% Are dually eligible for Medicaid and Medicare
9% Are Medicaid-only
1% Pay a premium (Medicare-only or other)

16 TRIPS PER MONTH PER PARTICIPANT

Support Vermont's PACE program

Visit PACEofVermont.org
PACE saves taxpayer dollars

States pay PACE programs 13% less than the cost of other Medicaid services

- Reduced Hospital Admissions: A 24.4% lower hospitalization rate than dual-eligible beneficiaries who receive Medicaid-nursing home services.
- Decreased Rehospitalizations: 16% lower than the national rehospitalization rate of 22.9% for dual-eligible beneficiaries age 65 and over.
- Reduced ER Visits: Less than one emergency room visit per member per year.

Only 5% of nursing home eligible PACE participants currently reside in a nursing home.

- PACE Nursing Home Admissions: Despite being at high risk of being admitted to nursing homes.
- PACE participants receive better preventive care, specifically with respect to hearing and visual screenings, flu shots, and pneumococcal vaccinations.

There is a high caregiver satisfaction. More than 80% of family members are satisfied with the support they receive through PACE, and 90.2% of family caregivers would recommend PACE to someone in a similar situation. While nearly half of family members reported a higher caregiver burden at the time their loved one enrolled in PACE, more than 14% experienced less burden after enrollment.

97.5% family caregivers would recommend PACE to someone in a similar situation

- PACE enrollees are less likely to suffer a depression. A study showed that 27 percent of new PACE enrollees (averaged across four programs) reported a diagnosis of depression among those assessed before enrollment. Nine months later, 67 percent of those assessed as depressed no longer scored as depressed.
- High Participant Satisfaction: Participants rated their satisfaction with PACE as 91.1 out of 100. The disengagement rate is almost 5 percent less than Medicare Advantage plans.

PACE saves 14% on ED visits per year

The Institute of Medicine report titled "Reforming for an Aging America" recognizes PACE as a model of care with the capacity to bring geriatric expertise and care coordination to the needs of older adults.

PACE was found to reduce family caregiver burden and provide support to improve family caregiving.

The Healthy Aging Collaboration is a PACE program in the Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation, Office of Aging and Adult Services Policy (OAAS).